

the Coming Out Group



Meeting: Tuesdays 3:00PM-4:30PM (Starting Oct. 14th)

UCSD Women's Center (Small Conference Room)

The Coming Out group is a place to meet and gain support while discussing your sexual and/or gender Identities in a confidential setting. This group is for lesbian, gay, bisexual, transgender, straight, or questioning folks who are coming out, considering coming out or may already be out. Topics are determined by group participants and can include stress, fear, anxiety, loneliness, excitement and celebration with regard to coming out. The group is open to new members the first 3 meetings of each quarter and then closes to maintain safe space. First Fall Meeting is Tuesday, Oct. 14th

For more info, please contact Cat Thompson at <u>cathompson@ucsd.edu</u> or Agustín Orozco at <u>aorozco@ucsd.edu</u>.

If you are an individual with a disability who requires an accommodation, please contact Maribel Gomez at 858-822-3493 or at mpgomez@ucsd.edu

This group is not professional counseling. If you would like counseling, please call the CAPS central office at 858 534 3755 for an appointment.

