

FOSTERING CONNECTIONS



The fostering connections group is a an informal drop-in for students who do not have a family to rely on for support. It is a place to encourage one another in navigating college life, relationships and achieving one's goals in a supportive atmosphere.

We will meet Wednesdays from 3-4pm starting 1/20/16 through 3/2/16 (no meetings on 1/29/16 and 2/10/16). Please join us in the Small Meeting Room at the Women's Center.

To see if this group is a good fit for you, please contact:

**Judy Goodman Fermin, Ph.D. at
(858) 534-9799 jfgoodman@ucsd.edu
caps.ucsd.edu/groups**

This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment.