

UNIDAS

Chicana/Latina Forum

(Drop-in offered weekly)



This group is for graduate and undergraduate Chicana/Latina women who are looking for a safe space to cultivate support, discuss challenges, and honor individual life stories. Topics for discussion include: self-esteem, responsibility for others and need for self-care, intersecting identities, family, relationships, intimacy, discrimination, academic pressure, mentoring, and the impact that these have on their UCSD experience.

Dates: Every Tuesday (April 14th- May 26th)

Time: 3:00 PM- 4:30 PM

Location: Raza Resource Centro

Please direct questions to:
Susana Martinez, PsyD (CAPS)
(858)-534-3456
sem015@ucsd.edu

This meeting is not professional counseling. If you would like professional counseling or mental health treatment please call the CAPS central office at 858 534 3755 to arrange an appointment.



CAPS.UCS.D.EDU | (858)534-3755